

**SOUTH WALES AND SEVERNSIDE REGIONAL GEOLOGY NETWORK U3A.
FOUNDER: ROSEMARY MALINS.**

SAFETY CODE FOR ABOVE NETWORK MEMBERS. RESPONSIBILITIES AND RULES.

Responsibilities of Organisers.

- Geology can be a dangerous pastime. The organizers of field trips will always endeavour to keep everybody who participates as safe as possible. Health and Safety the number one rule.
- They will try, wherever possible, to use trip leaders who are trained geologists fully aware of health and safety issues.
- They will request /require the trip leader to make an assessment of any likely hazards on the planned trip, fill in a Risk Assessment form, and indicate degrees of risk where relevant. This to be sent to members prior to the trip by the secretary.
- The trip leader / organisers will inform participating members of the following in advance of the visit.

[1] The approximate length of the field trip and estimated time of completion.

[2] Difficulties/ hazards likely to be encountered on the trip. (Via R.A. form)

[3] Suitability or not for some members. Steep climbs, scrambles etc.

[4] The trip leader reserves the right to bar any member from participating if not properly equipped, or meeting appropriate physical requirements, and has the right to cancel the trip if weather conditions render it unsuitable.

Responsibilities of participating members.

- Members must take the major responsibility for their own health and safety on the field trips. The U3A has Public Liability Insurance in the event of negligence claims but not for personal accident. You participate at your own risk.
- Members must be properly and adequately equipped at all times and take into account possible changes in the weather, conditions underfoot, dangerous cliff-tops, cliff edges, insect bites, scratches, rivers, roads, the sea and tidal conditions.
- Members must take all reasonable precautions to avoid accidents and exhaustion by ensuring they have the necessary medication, food, refreshments, first aid gear.
- Members must not attend with any illness or if suffering any health problems which a field trip might exacerbate. Access to a first aid kit by the organizer's should not be presumed.
- Members must not leave the group without first telling an officer.
- Members must carry personal contact information regarding next of kin should contact be necessary.

By signing the attendance sheet the member acknowledges they have read the safety code and risk assessment and accepted the provisions therein.